



*Ease Tension Away in a Soothing Epsom Salt Bath with Rose Petals, Essential Oils and Relaxing Meditative Music*

### **Are you sick & tired of being sick & tired?**

#### **What You Need to Get Started**

A Desire for overall increased wellness.

A Desire to take back personal responsibility for your own well-being.

A Desire to let go of old patterns and beliefs.

A Desire to invest in yourself, physically, mentally, emotionally and spiritually.

A Desire for a positive outcome.

An Open mind and an Open heart.

A **Belief** that **NOW** you will succeed.

Your transformation starts today with your Phoenix Rising Retreat Experience!

## **About Phoenix Rising!**

Phoenix Rising is a Concierge Live In All Inclusive Detoxification Immersion Retreat Experience. Its purpose is to lend personal support to you on a journey that offers revitalization, outlook & lifestyle re-evaluation all in very positive healthy ways. Your journey will be customized just for your intentions, no stay too short or too long, your home or mine.

The mythical Phoenix bird is a symbol of rebirth. It lives, dies, and is born again from its own ashes. My own health journey caused the Phoenix in me to rise up, take charge and live again but this time with more strength, energy, vigor and vitality than I ever dreamed possible.

**You have a Phoenix inside of you too!**

**Let me show you how to find it!**

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**PHOENIX RISING!**

**Welcomes You!**



# **PHOENIX RISING!**

***A Live-In All-Inclusive***

***Customized & Personalized  
Detoxification Immersion  
Retreat Experience!***



John of God Quartz Crystal Energy Healing Therapy

## My Vision For You...

I see you in vibrant health and wellness!

I see YOU achieve success in balancing YOUR own body, mind and spirit.

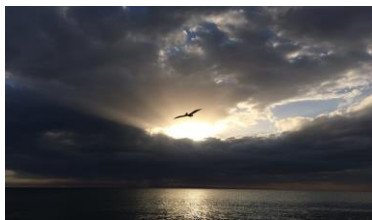
I see you understanding how and why this is accomplished and its importance in your health.

I see you growing with grace & ease in knowing vibrant health is simple and easy.

I see you whole and complete as the **PHOENIX** reveals the next phase of your life, as the

**BEST PHASE** of your life!

## I SEE YOU RESTORED!



*You ARE the Phoenix Rising!*

## You Will Not Be Alone!

Years of personal detoxification caused me to understand how **vital** assistance is in the cleansing and detoxification process.

**I will take this detoxifying journey right beside you, “holding your hand” in a safe, compassionate and loving environment!**

I will guide, support and help you understand why detoxification of the **physical body** and your **invisible auric bodies** is the ultimate key to success.

Each brings with it the power to hurt or to heal!

**You CAN do this and NOW is the time!**

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*Don't be shy!*

*Come and discover the*

## *PHOENIX in YOU!*

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Your physical, mental, emotional and spiritual bodies will leave Phoenix Rising...

**Nourished & Nurtured!**

**Renewed & Rejuvenated!**

**Invigorated & Elevated!**



Casa Linda's Luxurious Guest SeaScape Suite Awaits You!

## PRODUCTS & SERVICES OFFERED

- Pick Up & Drop Off at Local Airports
- Accommodations, All Meals & Snacks for Length of Stay
- Iridology Analysis & Assessment
- Education & Instruction for Regenerative Detoxification
- Herbal Protocol Recommendations
- Coaching & Counseling
- Therapeutic Massage
- Therapeutic Energy Healing Services
- Past Life Counseling
- JOG Crystal Bed Energy Healing
- Sound Healing
- Guided Healing Meditations
- Raindrop Essential Oil Treatment
- Epsom Salt Baths & Foot Soaks
- Halotherapy
- Sauna
- Exercise - Nature Walks, Sun Bathing, Swimming & Rebounding
- Dry Brush & Instructions
- Field Trips to Local Area Attractions
- Copy of My Book: *I Gave Myself Cancer, I Can Take It Away!...*
- Other Services Available, Ask Me!